Mirror editorials, etc.

Come on down!

week, come on down! former NBA basketball great, and busy playing and talking while walk-That is the call for this year's Pioneer Days celebration in downtown champion.

If you enjoyed the first two years' celebration, then you should more than enjoy yourself this year. than enjoy yourself this year. And, whatever you do, don't miss day, Aug. 29, 1 p.m.

MS: waters VS.

It will be worth the price of admis- Summer's nearing its end and sion (even if it weren't free as it is) that means school children will be just to see the celebrities slated to be going back to classes.

in the line of march.

Clayton Moore, the original Lone will have to drive with care at all Ranger, will be the parade's grand times as children make their way to marshal. Also appearing in the and from school.

If you haven't already done so this parade will be Oscar Robertson, the Too often, youngsters are too to the traffic as they cross intersections or walk along thoroughfares. Again, we urge all motorists to take extra care when driving during those hours when school opens and

the big parade scheduled for Saturday, Aug. 29, 1 p.m.

Top of the town

HADYN POWELL AND Don Beard were talking with Mirror night editor Pete Smith last week.

But they were already warned not to believe a word he said.

So, readers, take heed, and don't believe Smith.

HOFING YOU ARE teeling better wishes go out to Marie Moylan, mother of former newspaper cohort Tom Moylan.

WE'RE ONLY young once. After that we have to think up a new excuse.

Anyhow, he asked one of the staff if the desks were on order.

IS IT TIME to go home, yet, mommie?

want to say thank you for the fine

Father, what you saw is what we got!

TAKE HEART, readers. Next week's column won't be quite as bad as this week's.

HELLO TO Father Nicholas Albanese, former area Episcopalian rector, who was seen visiting in downtown Carbondale last week.

Reflections ...



LITTLE RED SCHOOL HOUSE is what is written on the back of this week's Reflections photo. The date is April 13,1923. The school was located at RD 1, Carbondale,

St. Joseph's comm center-

Continued from page 1.

Continued from page 1.

This problem is eliminated with the Dimension phone system. "If you are on the phone talking and you hear a soft beep it means that there is another call coming through on your line," Sister said. "Here at St. Joseph's Hospital will only be used sparingly for important tone which tells the user that he or she made a mistake. A fast busy tone tells the caller that the program he or she punched into the system has been changed though, is the access for a Scranton line. Instead of dialing for the switchboard and requesting an open line, the patient need only dial the numbers "T1" and the numbers store the nown as the access for a Scranton line. Instead of dialing for the switchboard and req

SLOW

School

Zone

Being a feminist, we were enchanted with the clergyperson, a thirty-two-year-old minister with long brown hair, and a beautiful face, named Nancy. In her flowing white robes she reminded us of the evangelist robes of the plotters of the policy propriets and would be merging two families. At the end of her remarks, she leaned

Happy birthday

week.

We won't say where we saw him because it would ruin his fine reputation.

Well, Al Daugevelo of the Ros-Al Studio, is that true?

SPOTTED ON THE CITY'S West Side last week was Patrolama Walter Connor who was kidded by some people who never see him because he usually works the midnight shift on the city's police force.

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HOPING YOU ARE feeling better wishes go out to Marie Moylan, mother of former see that it is a sicky subject.

Actually, some readers might say we sunk to new depths with that last sentence.

HOPING YOU ARE feeling better wishes go out to Marie Moylan, mother of former see that the say subject.

IT'S THE LAW!

Jobs For The Handicapped
If you're qualified but
disabled, you may be entitled to serious consideration for a job with fully half
of America's some three
million businesses covered
by Federal laws.
The crucial word is "qualfiled." You must be capable
of performing a particular
job—with reasonable accommodation to your handi-



disability. A handicapped person who has a hard time getting a job, or getting ahead on the job because of a disability, would be considered "substantially limited"

imited."

As for your "major life activities," these include communication, ambulation, self-care, socialization, education, transportation, and employment. The main in some way affect your amployment. employment.

For further information about employment laws affecting disabled people, write to the President's

"An old man in a house is a good sign."

Benjamin Franklin

Letters to the

editor

Letters to the editor of the Carbondale Mir ror are invited from readers and non-readers alike. Fair play and accuracy are the basic guidelines. The name, address, and telephone number of the writer is requested, but will be withheld from publication should the letterwriter ask so and provide a good readers. son. The editors of the Mirror reserve t right to edit or reject any letter.

Missed you

Ms. Nan Waters Carbondale MIRROR

I was happy to read the first edition of the Carbondale MIRROR. I missed reading your interesting article in (another Carbondale weekly).

Keep up the good work. It makes my day

Bonnie Stewart Jubins

On the way

You're on your way! Good luck in your new newspape Dave Krantz

General Hospital

Carbondale General Hospital will someon a free blood pressure screening as part of the Pioneer Days celebration. The screening will be held on Thursday, Aug. 27, from noon until 5 p.m. at Carbondale City Hall.

The free screening will be conducted by Mrs. Ronna Salansky, RN, in-service conducted and Mrs. Lean Koyaleki, RN. The Carbondale Mirror is published weekly by Dale Boncare, Inc., 64 Fallbrook St., Carbondale, Pa. 18407. Telephone 717-282-0786. Managing editor, Paul Starzer, features editor, Nan Waters, night editor, Pete Smith; office manager, Bernadette Starzer.

sets screening

patient education nurse.

According to Mrs. Salansky, one out hypertension. High blood pressure is a ph pressing against artery walls is too high. High blood pressure does not always p duce symptoms; having the blood pressu check is the only way to detect hypertension

BROWN-BAGGED SALAD



For an interesting change from ho-hum luncheon fare, try brown-bagging a crunchy, refreshing salad. "Tasty Tuna Totes" combine that lunchtime favorite, tuna with celery, radishes and relish, all tossed with convenient bottled lite Italian dressing for a zingy flavor. Instead of a sandwich, pack the salad into a green pepper cup—it's easily totable, completely edible and even low in calories! Add breadsticks, a wedge of cheese and a thermos of hot or iced tea for a slimming brown-bagged lunch you'll want to have often! TASTY TUNA TOTES

1 can (7 oz.) tuna packed in water, drained and flaked
1-1/4 cups chopped celery
1/2 cup sliced radishes
2 tablespoons sweet pickle relish
1/3 cup Wish-Bone * Lite Italian Dressing
4 medium green pepper - ups
medium bowl, combine tune celera additional combines tune celera additional celera additional combines tune celera additional cel In medium bowl, combine tuna, celery, radishes and relish; toss with lite Italian dressing. Spoon mixture into pepper cups; wrap and chill. Makes 4 servings. 140 calories per serving.

Apartment tenants are told: 'city is watching'

You can look over an art exhibit of celeb-



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